3: Hambly E-5 (1929-1930) 1934 FP13 Mbundu FP13

The use of caterpillars as food is noted (p. 416): "A man cut open a large cocoon, extracted the contents, and smacked his lips with great gusto." My field notes mention the use of caterpillars as food.

Capello and Ivens (1877–80) remark on the burial places of hunters which are distinguishable by the skulls of antelopes, buffalo, and hippopotamuses, stuck on upright poles, mixed with skulls of oxen killed in honor of the defunct. The writers noted that a heap of stones protected the body. I photographed two types of cairn in the regions of Ganda and Luimbale respectively. Capello and Ivens are not precise in their locality, but I judge it to have been Long. 17° E. and Lat. 13° S., a considerable distance from my own observations (Plates XXXII, Fig. 1; LXXIV, Fig. 1).

I photographed the stilt-walkers at the final stages of the initiation ceremonies at Cangamba. These men had no costumes; on the contrary they were almost naked but were covered with white clay. Capello and Ivens (p. 295), saw a stilt-walker with a feathered mask and a netting costume. Such attire I saw on an Uluchazi medicine-man, but not on the stilt-walkers (Plate LXXXI, Figs. 1, 2).

I was unable to obtain information about the stilt-walkers, but Capello states that they castigated misdemeanants, punished shameless women, and accused criminals. Capello and Ivens were 187 miles to the northwest of my area of observation. The Uluchazi medicine-man, who appeared with the stilt-walkers during my visits, was said to make bad magic for women. The men ignored him but women gathered round in a derisive way; they quickly scattered when he pursued them.

Serpa Pinto, who made his journey across Angola in 1878, has so many references to customs and objects still extant, that I propose to tabulate his observations because of their value in showing the preservation of indigenous traits in spite of Portuguese contacts.

The body of a chief is buried with a covering of oxhide. Many oxen are sacrificed at the death of a king. The heir to the deceased is bound to sacrifice his whole herd in order to regale his people and give peace to the departed (S. Pinto, I, p. 63). The Ovimbundu conform at the present time to similar methods of burial and sacrifice.

Near Huambo, Serpa Pinto saw in every village a kind of "temple for conversation." This is the *onjango*, that I have described and photographed (Plate XLVIII, Fig. 1). It is the house in which all males foregather for the evening meal, which is brought by their women (I, p. 96).

The gathering and eating of caterpillars is described. This continues today (I, p. 120).

3: Hambly E-5 (1929-1930) 1934 FP13 Mbundu FP13

At the present time a day's march is twenty-five miles, during which a man carries sixty pounds, while the load for a woman is half that weight. The gait of the Ovimbundu includes a limp at every step, so suggesting that the carrier is lame or tired. This appears to be a method consciously adopted as a protection against fatigue, because all muscles are momentarily relaxed. Loads are carried on the head in a long forked stick to which they are lashed. When the carrier rests, the load is not placed on the ground, but is held upright on the stick (Plate XXX, Fig. 2). Such a method avoids the strain of lifting the load from the ground after each rest pause.

Although the Ovimbundu have an exchange of products among themselves by both barter and the use of Portuguese money, there are no large markets, with the exception of those at the coastal towns of Loanda, Lobito, and Benguela. There is absolutely nothing in Angola which can be compared with the great markets in Nigeria.

Despite the absence of a system of exchange on a large scale, the Ovimbundu have many terms describing units of measurement. There are native standards of length, area, and capacity, but no measures of weight which are undeniably of Umbundu origin.

The unit of length (*epalama*) is the distance from the tip of the thumb to the tip of the middle finger when the hand is outstretched. The term for two of these units is *epalama asali*. These words are the plural of *epalama; asali* means two. These units are used to measure tobacco before it has been coiled.

Cloth is measured by stretching the arms to their full extent in line with the shoulders; the distance between the tips of the middle fingers is *epaka*. The stride for measuring land is *elianga*.

Oupimbu is an area about twenty-five feet square. *Etemo* ("hoe") is an area of land two hundred yards long and thirty feet broad. A large field covers two or three *etemo*.

Measures of capacity are provided by various types of baskets. The large conical basket (*ohumbo*) has an interwoven mark which indicates a measure for corn, meal, and beans. *Ocitenge* is a coarsely made basket used as a unit of capacity. *Uhumbo* is a basket two feet long and one foot deep. The basket on a rectangular base is also *ohumbo*, but at the present day cans are taking the place of all these old measures. Palm oil is measured in a gourd (*ocitua* or *ombangi*) of definite size. This little gourd is also used for measuring a viscous substance from trees. The word *ekoloto* is used to describe this mucilage.

VI. SOCIAL LIFE

Sexual Relations

COURTSHIP

There is a certain humor and quaintness of language used by Ngonga in describing sexual relations of the Ovimbundu. So far as possible the interpreter's style of expression has been preserved because of its value in revealing the native attitude. 584 836

When a man begins to like a girl, he looks at her for several days. Perhaps the boy will talk to the girl who will tell him to go to her father and mother. The boy must ask the parents for a friendship, which may last for one or two years. During this time the boy must not do anything to the girl, and if he tries she ought to tell her parents. If a baby were born to them in this time it would be a shameful thing. After the boy has told the parents that he wishes to marry the girl he must find something to give to them. The girl must have agreed to marriage before the boy asks the parents. The first token may be no more than a ball of wax or a present of salt. This token says, "The girl is mine," and no other boy will ask for her because it is understood that she is promised to somebody. In former days there were restrictions against marriage with other tribes, but in eastern Angola at the present day the Ovimbundu occasionally marry with the Vachokue. [582

Soon the boy will start building a house on his father's plot, because he intends to bring the girl to his father's land. The boy must at this stage make a further present to the parents of the girl. In the old days he would take about five kilos of salt; but now he will take a bottle of Portuguese wine, two or three blankets, or a piece of cloth. The people who carry the present must be the brother, father, or a male cousin of the suitor. These relatives will say, "This is the day we have come for our boy's wife." Then the parents will examine the things. Perhaps they will say, "You must bring a better blanket." The father or the girl's mother's brother must call the relatives of the girl to a council (*onjango*) where the relatives of the boy and girl are gathered. 584 481

The parents say, "We are taking these things for our daughter; we hope she will be a good girl and not shame us. She is a good girl to us and we hope she will be a good girl in your house." The girl's parents turn to her and say, "We should like to hear that you are hospitable; give food to your husband's relatives when they visit you." 584 577